



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

UPCOMING TENNIS SCHEDULES

Paula G. Manship YMCA LAMAR TENNIS CENTER

YMCA New Player Clinic

Tuesdays 9-10 am - Beginning February 20

Thursdays 6:30 pm - Beginning February 22

Cost includes: six weeks of tennis training and a new tennis racket

\$60 Y Unlimited Tennis Member/\$75 YMCA Member/\$90 Participant

Tennis Classes February 2018

Monday night 3.0/3.5 Drop in Drill

Starting February 5

Mondays 6:30-7:30 pm

Cost per drill: \$15 Y Unlimited Tennis Member/ \$18 YMCA Member/\$22 Participant

Wednesday night 3.5/4.0 Drop in Drill

Wednesdays 6:30-7:30 pm

Cost per drill: \$15 Y Unlimited Tennis Member/ \$18 YMCA Member/\$22 Participant

Saturday Stroke of the Week Clinic (3.0-4.0)

Starting February 24 from 9-10:30 am

Week 1 – Forehand

Week 2 – Backhand

Week 3 – Volley and Overhead

Week 4 – Serve and Return

Cost for the series: \$70 Y Unlimited Tennis Member/\$85 YMCA Member/\$105 Participant

Cost per week: \$20 Y Unlimited Tennis Member/\$25 YMCA Member/\$30 Participant

Cardio Tennis

Beginning February 19

Monday 8-9 am or Wednesday 5:30-6:30 pm

Cost per class: \$10 Y Unlimited Tennis Member/\$15 YMCA Member/\$20 Participant