



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GROWING STRONGER AS A TEAM

YBR Hurricanes Swim Team

Whether you are a first-timer looking for a new sport or a seasoned pro looking to sharpen your skills, we've got a spot for you. The YBR Swim Team seeks to teach swimmers ages 5-18 the fundamentals of swimming. Our focus is on building endurance, improving technique, developing well-rounded swimmers, and having fun!

YBR Summer Swim Team

Season: May 14th—July 27th

Cost:

- Members \$50—1st child
- Members \$40—Additional Child
- Program Participants \$120

Locations:

A.C. Lewis YMCA

Americana YMCA

C.B. Pennington, Jr. YMCA

Dow Westside YMCA

Paula G. Manship YMCA





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YBR Hurricanes Swim Team

Members: 1 st child - \$50/season Additional child(ren) - \$40/season	Program Participants: \$120/season
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Participant's Name: _____

Birth date: _____ Age: _____ Gender: _____

E-mail (required): _____

Phone Number (required): _____

Parent Name _____ Parent Phone Number _____

Mailing address: _____

City: _____ State: _____ Postal Code: _____

Emergency contact: _____ Emergency contact phone: _____

Child's Shirt Size (choose one)

__ Youth XS(2-4) __ Youth Sm(6-8) __ Youth Med(10-12) __ Youth Lg(14-16) __ Ad Sm __ Ad Med __ Ad Lg __ Ad XL

Please check your desired practice location:

<input type="checkbox"/> Dow Westside YMCA 3688 Sugar Plantation Pwky Addis, LA 70710 Monday-Thursday 4:00pm – 5:30pm	<input type="checkbox"/> C.B. Pennington, Jr. YMCA 15550 Old Hammond Hwy. Baton Rouge, LA 70816 Monday-Thursday 5:30pm-6:30pm	<input type="checkbox"/> Americana YMCA 4200 Liberty Way Zachary, LA 70791 Monday-Thursday 4:30pm-5:30pm	<input type="checkbox"/> Paula G. Manship YMCA 8100 YMCA Plaza Dr. Baton Rouge, LA 70806 Monday/Wednesday/Thursday 5:15pm-6:15pm
<input type="checkbox"/> A.C. Lewis YMCA 350 S Foster Dr. Baton Rouge, LA 70806 Monday/Wednesday/Friday 3:00pm-4:00pm	Practices start May 14 th **Registration is ongoing throughout the season however swim team fees will not be pro-rated** If you would like to have your child evaluated to determine their readiness to be on swim team, please contact swimteam@ymcabr.org to set up a day, time, and location.		

The YMCA does not provide accidental/ medical insurance for program participants. I grant the YMCA or its agent's permission to transport my child in the event of an emergency and I am unable to be contacted. I recognize that participation in YMCA activities may expose my child to some risk of injury. I agree to hold the YMCA harmless from any claims for damage to property or injury, which may occur through participation in any activity at the YMCA or in its programs. The YMCA reserves the right to use photographs taken of program participants and their family for marketing and publicity. I have read and understand the above information. My child has permission to participate in this YMCA program.

 Signature of Parent/ Guardian

 Date



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Parent Information:

Summer 2018 Season: May 12th – July 28th

Practices:

A swimmer must choose one YMCA location as a “home” branch but may attend additional practices at another YMCA if they choose. Please contact swimteam@ymcabr.org if you are planning on bringing your child to another practice location so that the coach can be made aware ahead of time.

Please make sure that your swimmer is ready to go on the pool deck when practice begins. Late swimmers disrupt warm-ups and take time away from the other swimmers.

Equipment:

Each swimmer will need to bring goggles and a towel to practice. Goggles that cover the nose completely are not recommended for swim team practice.

It is highly recommended for swimmers to bring a water bottle to practice to stay hydrated.

We suggest that girls or boys with long hair wear swim caps to keep the hair out of their eyes while swimming.

Swimmers will be given a team swim cap and a team shirt. Additional shirts may be purchased for \$10.

Swim Meets:

Participation in swim meets is highly encouraged. During the summer season the YBR Swim Team competes in the Greater Baton Rouge Swim League (GBRSL). GBRSL swim meets are in the mornings on June 2nd, June 9th, June 16th, and June 23rd. City Meet is the championship meet for the season and will require a \$10 entry fee per swimmer. City Meet is tentatively scheduled for June 29th and 30th. Additional details about swim meets will be provided at the Parent Meeting at the beginning of the season.

Swim Suits:

At practice, we highly encourage our female swimmers to wear a one-piece swim suit. Our male swimmers can wear swim trunks with a liner, jammers, or a speedo (jammers are preferred). No gym shorts or jean shorts/pants are permitted in the pool.

Team Swim Suits are optional to buy.

How to order:

Go to www.swimoutlet.com/ybrswimteam

Click on the “Swim Team” icon.

Click on the desired suit. There are both youth and adult sizes available for female and male suits.

Make sure to purchase the suit in **BLUE**.

Sizing charts can be found when you click on the suit just above the sizes.

Please contact swimteam@ymcabr.org with any questions you may have.