



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PAULA G. MANSHIP YMCA LAP POOL:

SEPTEMBER 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Pool Opens @ 5:00am	Pool Opens @ 5:00am	Pool Opens @ 5:00am	Pool Opens @ 5:00am	Pool Opens @ 5:00am	Pool Opens @ 7:30am	
5 am – 8:30 am	Lap Swim (5) Open Swim (1)	Lap Swim (5) Open Swim (1)	Lap Swim (5) Open Swim (1)	Lap Swim (5) Open Swim (1)	Lap Swim (5) Open Swim (1)	Lap Swim (5) Open Swim (1)	
8:30 am – 9:30 am	Lap Swim (4) Aqua Fit (2)	Lap Swim (4) Aqua Fit (2)	Lap Swim (4) Aqua Fit (2)	Lap Swim (4) Aqua Fit (2)	Lap Swim (4) Aqua Fit (2)	Lap Swim (4) Open Swim (2)	
9:30 am – 10 am	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	
10 am – 11 am	Lap Swim (4) Open Swim (1) Aqua Fit (1)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (1) Aqua Fit (1)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (1) Aqua Fit (1)	Lap Swim (4) S. Lessons (2)	
11 am – 12 pm	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) S. Lessons (2)	Pool Opens @ 12:00pm
12 pm – 1 pm	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim(2)
1 pm – 2 pm	Lap Swim (4) Swim Team (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Swim Team (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)
2 pm – 3 pm	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (2) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)
3 pm – 4 pm	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)
4 pm – 5 pm	Lap Swim (4) Open Swim 1) S. Lessons (1)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (1) S. Lessons (1)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (1) S. Lessons (1)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)
5 pm – 6 pm	Lap Swim (2) Open Swim (1) Swim Team (3)	Lap Swim (4) Open Swim (1) S. Lessons (1)	Lap Swim (2) Open Swim (1) Swim Team (3)	Lap Swim (4) Open Swim (1) S. Lessons (1)	Lap Swim (4) Open Swim (1) S. Lessons (1)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim(2)
6 pm – 7 pm	Lap Swim (2) Open Swim (1) Swim Team (3)	Lap Swim (4) Open Swim (1) S. Lessons (1)	Lap Swim (2) Open Swim (1) Swim Team (3)	Lap Swim (4) Open Swim (1) S. Lessons (1)	Lap Swim (4) Open Swim (1) S. Lessons (1)	Pool Closes @ 5:30pm	Pool Closes @ 5:30pm
7 pm – 8 pm	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim 1) S. Lessons (1)		
8:pm – 8:30pm	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Pool Closes @ 7:30pm		
	Pool Closes @ 8:30pm	Pool Closes @ 8:30pm	Pool Closes @ 8:30pm	Pool Closes @ 8:30pm			