



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

A.C. LEWIS YMCA

OUTDOOR POOL August 2018

- Y-USA standards for healthy lap swimming temperatures range from 78 – 82F.

When the outdoor pool temperature reaches 83F, the Lifeguards will be turn on the Aerators to cool the pool and maintain proper chemical balance.

- Share the Pool! Multiple activities are often scheduled in this pool at the same time – see above schedule for details.

- Schedule is subject to change

- Inclement Weather - Under the discretion of management, both pools will be closed due to inclement weather or other hazardous conditions. When the environmental temperature is below 40F, the outdoor pool will be closed.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:30-8:00am Open Swim (Lane 1) Lap Swim (Lanes 2-6)	5:30-8:00am Masters Swim (3 lanes) Lap Swim (3 Lanes)	5:30-8:00am Open Swim (Lane 1) Lap Swim (Lanes 2-6)	5:30-8:00am Masters Swim (3 Lanes) Lap Swim (3 Lanes)	5:30-8:00am Open Swim (Lane 1) Lap Swim (Lanes 2-6)	7:30-9:30am Master's Swim (3 Lanes) Lap Swim (3 Lanes)	
	8:00-11:00am Brh swim Starts 8/20 (Lane 1-3) Lap Swim (Lanes 4-6)	8:00-11:00am Brh swim (Lane 1-3) Lap Swim (Lanes 4-6)	8:00-3:00pm Open Swim (Lane 1) Lap Swim (Lanes 2-6)	8:00-11:00am Brh swim (Lane 1-3) Lap Swim (Lanes 4-6)	8:00-11:00am Brh swim (Lane 1-3) Lap Swim (Lanes 4-6)		1:00-4:30pm Open/Family Swim (Lane 1) Lap Swim (Lanes 2-6)
	11:00-3:00pm Swim Lessons (Lanes 1) Open Swim (Lanes 3-6)	11:00-3:00pm Swim Lessons (Lanes 1) Open Swim (Lanes 3-6)		11:00-3:00pm Swim Lessons (Lanes 1) Open Swim (Lanes 3-6)	11:00-3:00pm Swim Lessons (Lanes 1) Open Swim (Lanes 3-6)		
	3:00-4:15pm BRHS Swim Starts 8/13 (Lane 1-4) Lap Swim (Lane 5 & 6)	3:00-4:15pm BRHS Swim (Lane 1-4) Lap Swim (Lane 5 & 6)	3:00-4:15pm BRHS Swim (Lane 1-4) Lap Swim (Lane 5 & 6)	3:00-4:15pm BRHS Swim Team (Lane 1-4) Lap Swim (Lane 5 & 6)	3:00-4:00pm Pool Maintenance		
	4:30-5:30pm Starts 8/27 Acl Swim team (Lanes 1-2) Open Swim (Lanes 3-6)		4:30-5:30pm Acl Swim team (Lanes 1-2) Open Swim (Lanes 3-6)				
	5:30-8:00pm Swim Lessons (Lanes 1) Open Swim (Lanes 3-6)	4:00-8:00pm Swim Lessons (Lane 1) Open Swim (Lanes 3-6)	5:30-8:00pm Swim Lessons (Lanes 1) Open Swim (Lanes 3-6)	4:00-8:00pm Swim Lessons (Lanes 1) Open Swim (Lanes 3-6)	4:00-7:30pm Open Swim (Lane 1) Lap Swim (Lanes 2-6)		
	POOL CLOSSES at 8:00pm	POOL CLOSSES at 8:00pm	POOL CLOSSES at 8:00pm	POOL CLOSSES at 8:00pm	POOL CLOSSES at 7:30pm	POOL CLOSSES at 5:30pm	POOL CLOSSES at 4:30pm

A. C. Lewis YMCA

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**INDOOR POOL
August 2018**

- Pool closes Monday thru Friday from 12:30pm – 3:00pm for cleaning and maintenance.

- Share the Pool! Multiple activities are often scheduled in this pool at the same time – see above schedule for details.

- Schedule is subject to change

- Inclement Weather - Under the discretion of management, both pools will be closed due to inclement weather or other hazardous conditions. When the environmental temperature is below 40F, the outdoor pool will be closed.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:30-8:00am Lap Swim (Lane 1) Open Swim (pool)	5:30-9:00am Lap Swim (Lane 1) Open Swim (pool)	5:30-8:00am Lap Swim (Lane 1) Open Swim (pool)	5:30-9:00am Lap Swim (Lane 1) Open Swim (pool)	5:30-8:00am Lap Swim (Lane 1) Open Swim (pool)	7:30-5:30pm Lap Swim (Lane 1) Open Swim (pool)	
	8:00-9:00am Aqua Wellness Lap Swim (Lane 1) Open Swim (Deep End)	9:00-10:00am Aqua Blast (no Lap Swim) Open Swim (Deep End)	8:00-9:00am Aqua Wellness Lap Swim (Lane 1) Open Swim (Deep End)	9:00-10:00am Lap Swim (Lane 1) Open Swim	8:00-9:00am Aqua Wellness Lap Swim (Lane 1) Open Swim (Deep End)		
	10:00-11:00am Aqua "Core" Dio (Shallow End) Open Swim (Deep End)	11:00-12:30pm Open Swim (Lane 1) Lap Swim	10:00-11:00am Aqua "Core" Dio (Shallow End) Open Swim (Deep End)		10:00-11:00am Aqua "Core" Dio (Shallow End) Open Swim (Deep End)		
	11:00-12:00pm Deep Water Fit with Patsy		11:00-12:00pm Deep Water Fit with Patsy	11:00-12:30pm Open Swim (Lane 1) Lap Swim	11:00-12:00pm Deep Water Fit with Patsy		1:00-4:30pm Lap Swim (Lane 1) Open Swim
	11:00-12:30pm Lap Swim (Lane 1) Open Swim (Shallow End)		11:00-12:30pm Lap Swim (Lane 1) Open Swim (Shallow End)		12:00-12:30pm Ai Chi with Kelli		
	3:00-5:30pm Lap Swim (Lane 1) Open Swim	3:00-5:30pm Lap Swim (Lane 1) Open Swim	3:00-5:30pm Lap Swim (Lane 1) Open Swim	3:00-5:30pm Lap Swim (Lane 1) Open Swim	3:00-5:30pm Lap Swim (Lane 1) Open Swim		
	5:15-6:00pm Shallow Water Fit	5:15-6:00pm Shallow Water Fit	5:15-6:00pm Shallow Water Fit	6:00-7:00pm Aqua Blast Fit	5:15-6:00pm Shallow Water Fit	6:00-6:45pm Deep water fit	
	6:00-6:45pm Deep water fit	6:00-6:45pm Deep water fit	6:00-6:45pm Deep water fit				
	POOL CLOSSES AT 8:00pm	POOL CLOSSES AT 8:00pm	POOL CLOSSES AT 8:00pm	POOL CLOSSES AT 8:00pm	POOL CLOSSES AT 7:30pm	POOL CLOSSES AT 5:30pm	POOL CLOSSES AT 4:30pm

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