



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# KIDS CAN TRI

## Kids Triathlon Training Specialty Camp PAULA G. MANSHIP YMCA

This one week specialty camp will take place 9am-12pm Monday-Thursday for one week in June and one week in July. We will break away from the rest of camp and practice swimming, biking, and running until lunch. We will learn technique and safety while having fun and improving our fitness!

Each child will need:

- A working, size appropriate bicycle
- A Snell approved, age appropriate helmet
- Athletic shoes
- A positive attitude

**WHEN:** Monday, June 18th-Thursday, June 21st

**TIME:** 9 a.m. – 12 p.m.

**AGE:** 8YRS-12 YRS

**WHEN:** Monday, July 16th-Thursday, July 19th

**TIME:** 9 a.m. – 12 p.m.

**AGE:** 5YRS-7 YRS

**COST:** Members- \$45, Program Participants- \$65

**LOCATION:** PAULA G. MANSHIP YMCA  
8100 YMCA Plaza Dr.  
Meredith Atterbery  
matterbery@ymcabr.org





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## Triathlon Specialty Camp at the Paula G. Manship YMCA

Participant's Name: \_\_\_\_\_  
Birth date: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_  
Mailing address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Home phone: \_\_\_\_\_ E-mail: \_\_\_\_\_  
Emergency contact: \_\_\_\_\_  
Emergency contact phone: \_\_\_\_\_  
Parent's name: \_\_\_\_\_ Parent's phone: \_\_\_\_\_  
Parent's name: \_\_\_\_\_ Parent's phone: \_\_\_\_\_

**Please select a session:**

\_\_\_\_\_ **Monday, June 18<sup>th</sup>- Thursday, June 21<sup>st</sup>**  
\$45 Members  
\$65 Program Participants  
9am-12pm  
Ages 8-11

\_\_\_\_\_ **Monday, July 16<sup>th</sup>- Thursday, July 19<sup>st</sup>**  
\$45 Members  
\$65 Program Participants  
9am-12pm  
Ages 5-7

**Please check all gear child already has (child needs all items before first day) :**

\_\_\_\_\_ **Functional, size appropriate bicycle**  
\_\_\_\_\_ **Snell approved, size appropriate helmet**  
\_\_\_\_\_ **Athletic shoes**

\_\_\_\_\_ **Swim suit**  
\_\_\_\_\_ **Size appropriate goggles**  
\_\_\_\_\_ **A positive attitude**

**\*\*Registration Fee of \$45 for members and \$65 for Program Participants does not include camp registration fee for the week. Child must be registered for camp for the week of Triathlon Training Specialty Camp\*\***

Refunds are available minus a \$10 processing fee. A written request is required for all refunds. There is a \$25 charge on all returned checks.

The YMCA does not provide accidental/ medical insurance for program participants. I grant the YMCA or its agent's permission to transport my child in the event of an emergency and I am unable to be contacted. I recognize that participation in YMCA activities may expose my child to some risk of injury. I agree to hold the YMCA harmless from any claims for damage to property or injury, which may occur through participation in any activity at the YMCA or in its programs.

The YMCA reserves the right to use photographs taken of program participants and their family for marketing and publicity.

I have read and understand the above information. My child has permission to participate in this YMCA program.

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Signature of Parent/ Guardian

Date



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