OUR MISSION
To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

OUR IMPACT
We seek to protect and nurture all those we serve, helping them reach their full potential, improve their health and well-being, and to support social change that will unite all people.

OUR FOCUS
YOUTH DEVELOPMENT: Nurturing the potential of every child and teen.

HEALTHY LIVING: Improving the nation’s health and well-being.

SOCIAL RESPONSIBILITY: Giving back and supporting our neighbors.

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752 teens learned leadership and community engagement
1,167 youth and adults learned the importance of water safety
107,369 meals provided to children in our community
14,560 classes offered to address health and obesity
3,753 volunteers helped youth and families
7,938 children kept safe and active in afterschool and summer camp
12,215 youth taught the importance of character development
319 evidenced-based health initiative programs offered

YMCA OF THE CAPITAL AREA
350 South Foster Drive
Baton Rouge, La 70806

www.ymcabr.org
In a dynamic and changing world, the YMCA of the Capital Area is dedicated to making a difference that has a direct impact on those who need us most. We bring People And Communities Together by offering programs that bring out the best in all of us.

The Y Connects youth, adults, families, and seniors of all backgrounds allowing them to explore and enjoy opportunities To Learn, Grow And Thrive. From advocacy to aquatics, camps to safe spaces, mentoring to sports, and water safety to wellness – the Y strengthens the community.

By enriching youth, improving healthy living, and igniting social responsibility, we ensure Everyone Succeeds at every stage of life.

The Y – For A Better Us.