



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

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community,
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future, join us!

BUILDING AQUATIC LEADERS

Aquatic Leaders Club/Swim Instructor Development

This YMCA Swim Lesson Pathway program is designed to prepare students to participate in a Swim Instructor certification program. This course will help participants build endurance in swimming and gain additional knowledge about the aquatic environment. This program will focus on:

- Enhancing skills needed to take an instructor certification course
- Understanding the youth development and the YMCA Swim Lesson Program
- Develop knowledge in various aquatic safety awareness topics
- Increasing endurance to meet the pre-requisite physical competency requirements of the YMCA Swim Instructor Certification courses

HOW DO I ENROLL IN THE PROGRAM?

- Participants must be CPR, First Aid, and Emergency Oxygen Certified prior to class participation.
- Participants must complete three additional online trainings prior to class participation. Additional directions will be e-mailed following registration.



FOR MORE INFORMATION

A.C. Lewis YMCA
Americana YMCA
Exxon Mobil YMCA
Stacey Adams
225-924-3606

Dow Westside YMCA
Williams & Lee Community Pool
Jessica Huckaby
225-687-1123

YUSA Swim Lesson Instructor Certification

Participants Name: _____ Age: _____ Gender: _____

Address: _____ City: _____ State: _____ Zip Code: _____

DOB: _____ Home Phone Number _____

E-Mail (REQUIRED): _____

Emergency Contact: _____ Emergency Contact Phone: _____

Price: \$100

A.C. Lewis YMCA	Dow Westside YMCA
<input type="checkbox"/> March 18-March 21 <input type="checkbox"/> Friday-Monday <input type="checkbox"/> TBD	<input type="checkbox"/> April 18-April 22 (Spring Break) <input type="checkbox"/> Monday-Friday <input type="checkbox"/> 1:00-6:00pm
	<input type="checkbox"/> May 6-May 9 <input type="checkbox"/> Friday-Monday <input type="checkbox"/> TBD
	<input type="checkbox"/> May 20-May 23 <input type="checkbox"/> Friday-Monday <input type="checkbox"/> TBD
	<input type="checkbox"/> September 9-September 12 <input type="checkbox"/> Friday-Monday <input type="checkbox"/> TBD

There is no refund for this program if failure to attend or complete the class. I understand that this course requires e-learning to be completed before the first class day. If pre-course work is not completed and given to instructor before start of course, I will not be able to complete the course and no refund will be given.

The YMCA of the Capital Area does not provide accident or medical insurance for program participants. I recognize that participation in YMCA sponsored activities may expose myself or my child to risk of injury. I agree to hold the YMCA harmless from any claims, which may occur through participation in any activity at the YMCA or in its programs. In cases of emergency or accident to myself and/or to my child and I am unable to respond or be contacted, I hereby grant the YMCA director or his/her agent to secure proper medical treatment and transportation for myself and/or my child to an appropriate facility for treatment. As a YMCA participant, I authorize the YMCA to use any images taken of myself and/or my child for promotional purposes of the YMCA. I have read and understand the above information and therefore grant myself and/or my child permission to participate in this YMCA Program in accordance with the conditions set forth above.

Coronavirus, COVID-19, is an extremely contagious virus that spreads easily through person-to-person contact. Federal and state authorities recommend social distancing as a mean to prevent the spread of the virus. COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participating in YMCA of the Capital Area programs or accessing YMCA of the Capital Area facilities could increase the risk of contracting COVID-19. YMCA of the Capital Area in no way warrants that COVID-19 infection will not occur through participation in YMCA of the Capital Area programs or accessing YMCA of the Capital Area facilities.

I have read and understand the above information and therefore grant myself and/or my child permission to participate in this YMCA Program in accordance with the conditions set forth above.

Signature of Participant/Parent/Guardian: _____ Date: _____