



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BE PREPARED TO SAVE A LIFE

CPR, First Aid, Emergency Oxygen Administration Training
YMCA OF THE CAPITAL AREA



www.ymcabr.org

American Red Cross CPR, AED, First Aid, and Emergency Oxygen Training

YMCA Member—\$80	Program Participant—\$125
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Note: Participant must be a member to receive member rate.

Participants Name: _____ Age: _____ Gender: _____

Address: _____ City: _____ State: _____ Zip Code: _____

DOB: _____ Home Phone Number _____

E-Mail (REQUIRED): _____

Emergency Contact: _____ Emergency Contact Phone: _____

No registration will be accepted without an e-mail address.

- Participants must have the physical capability to do compressions. Participants will be spending a lot of time kneeling by victim for practice sessions. This class is for ages 14 and up.
- Registration ends one week before the start of class.
- In case of low enrollment (2 or less), classes may be cancelled.

A.C. Lewis YMCA	Americana YMCA	Dow Westside YMCA
<input type="checkbox"/> January 11, 2022 <input type="checkbox"/> 3:00-8:00pm <input type="checkbox"/> Tuesday	<input type="checkbox"/> February 8, 2022 <input type="checkbox"/> 3:00-8:00pm <input type="checkbox"/> Tuesday	<input type="checkbox"/> February 19, 2022 <input type="checkbox"/> 9:00am-2:00pm <input type="checkbox"/> Saturday
<input type="checkbox"/> March 8, 2022 <input type="checkbox"/> 3:00-8:00pm <input type="checkbox"/> Tuesday	<input type="checkbox"/> April 12, 2022 <input type="checkbox"/> 3:00-8:00pm <input type="checkbox"/> Tuesday	<input type="checkbox"/> April 2, 2022 <input type="checkbox"/> 9:00am-2:00pm <input type="checkbox"/> Saturday
<input type="checkbox"/> May 10, 2022 <input type="checkbox"/> 3:00-8:00pm <input type="checkbox"/> Tuesday	<input type="checkbox"/> June 14, 2022 <input type="checkbox"/> 3:00-8:00pm <input type="checkbox"/> Tuesday	<input type="checkbox"/> September 17, 2022 <input type="checkbox"/> 9:00am-2:00pm <input type="checkbox"/> Saturday
<input type="checkbox"/> July 12, 2022 <input type="checkbox"/> 3:00-8:00pm <input type="checkbox"/> Tuesday	<input type="checkbox"/> August 9, 2022 <input type="checkbox"/> 3:00-8:00pm <input type="checkbox"/> Tuesday	<input type="checkbox"/> December 3, 2022 <input type="checkbox"/> 9:00am-2:00pm <input type="checkbox"/> Saturday
<input type="checkbox"/> September 13, 2022 <input type="checkbox"/> 3:00-8:00pm <input type="checkbox"/> Tuesday	<input type="checkbox"/> October 11, 2022 <input type="checkbox"/> 3:00-8:00pm <input type="checkbox"/> Tuesday	
<input type="checkbox"/> November 8, 2022 <input type="checkbox"/> 3:00-8:00pm <input type="checkbox"/> Tuesday	<input type="checkbox"/> December 13, 2022 <input type="checkbox"/> 3:00-8:00pm <input type="checkbox"/> Tuesday	

The YMCA of the Capital Area does not provide accident or medical insurance for program participants. I recognize that participation in YMCA sponsored activities may expose myself or my child to risk of injury. I agree to hold the YMCA harmless from any claims, which may occur through participation in any activity at the YMCA or in its programs. In cases of emergency or accident to myself and/or to my child and I am unable to respond or be contacted, I hereby grant the YMCA director or his/her agent to secure proper medical treatment and transportation for myself and/or my child to an appropriate facility for treatment. As a YMCA participant, I authorize the YMCA to use any images taken of myself and/or my child for promotional purposes of the YMCA. I have read and understand the above information and therefore grant myself and/or my child permission to participate in this YMCA Program in accordance with the conditions set forth above.

Coronavirus, COVID-19, is an extremely contagious virus that spreads easily through person-to-person contact. Federal and state authorities recommend social distancing as a mean to prevent the spread of the virus. COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participating in YMCA of the Capital Area programs or accessing YMCA of the Capital Area facilities could increase the risk of contracting COVID-19. YMCA of the Capital Area in no way warrants that COVID-19 infection will not occur through participation in YMCA of the Capital Area programs or accessing YMCA of the Capital Area facilities

Signature of Participant/Parent/Guardian: _____ Date: _____