



# STRONGER THAN EVER

**Y! TRX Circuit Classes**  
**CHARLES W. LAMAR JR. YMCA**

**WHEN:** Tuesday & Thursday @ 5:15pm, Wednesday @ 11am  
**FEES:** Registration required at the front desk. First class is free  
6 classes \$42  
12 classes \$60  
Drop in rate \$12 members, \$15 nonmembers  
**LOCATION:** CHARLES W. LAMAR JR. YMCA  
521 Third Street  
Baton Rouge, Louisiana 70802  
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[ktemplet@ymcabr.org](mailto:ktemplet@ymcabr.org) for more information