



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PRIVATE SWIM LESSONS

AMERICANA YMCA

Private lessons offer one-on-one instruction with an experienced swim instructor to get you swimming the way you want. Available for ages three and up and open to everyone from beginners to advanced swimmers.

Cost:

4 (four), 30 (thirty) minute sessions. YMCA member - \$110	Program Participant - \$160
8 (eight), 30 (thirty) minute sessions. YMCA member - \$200	Program Participant - \$250
12 (twelve), 30 (thirty) minute sessions. YMCA member - \$290	Program Participant - \$340

Participant's Name: _____

Birth date: _____ Age: _____ Gender: _____

Mailing address: _____

City: _____ State: _____ Postal Code: _____

Home phone: _____ E-mail: _____

Parent's name: _____ Parent's phone: _____

Parent's name: _____ Parent's phone: _____

Emergency contact: _____ Emergency contact phone: _____

Choose your swimming ability: <input type="checkbox"/> Beginner <input type="checkbox"/> Advanced <input type="checkbox"/> Intermediate	What are your swimming goals?
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What day(s) of the week are you normally available to meet with an instructor?

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning							
Afternoon							
Evening							

I would like to sponsor a child/adult/family/senior through the YMCA Annual Support Campaign for an additional
 ___\$5 ___\$10 ___\$15 ___ Other

In signing this form, I understand that:

- **No-shows or cancellations received less than twenty-four (24) hours before scheduled appointment will be charged to the client**
- No refunds are given for missed/ unused private lessons
- **Lessons must be used within 6 months of purchased date.**
- The participant is expected to be punctual and understand that the instructor may have appointments immediately preceding or following their appointment. The instructor is not obligated to stay past the allotted time scheduled for the appointment.

Release form:

The YMCA of the Capital Area does not provide accident or medical insurance for program participants. I recognize that participation in YMCA sponsored activities may expose me or my child to risk of injury. I agree to hold the YMCA harmless from any claims, which may occur through participation in any activity at the YMCA or in its programs. In cases of emergency or accident to myself and/or to my child and I am unable to respond or be contacted, I hereby grant the YMCA director or his/her agent to secure proper medical treatment and transportation for myself and/or my child to an appropriate facility for treatment. As a YMCA participant, I authorize the YMCA to use any images taken of myself and/or my child for promotional purposes of the YMCA. I have read and understand the above information and therefore grant myself and/or my child permission to participate in this YMCA Program in accordance with the conditions set forth above.

Signature of parent or guardian

Date

Mission: To put Christian principles into practice through programs that build health spirit, mind and body for all.

Americana YMCA

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