



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LEARN LIFE LESSONS



Swimming Lessons DOW WESTSIDE YMCA

Learning to swim is a valuable life lesson. Let us teach your child to swim! Lessons are offered to children and adults for the opportunity to gain confidence and learn skills that can be used throughout a lifetime. Each session is taught by a certified YMCA swim lesson instructor. All private lessons are scheduled according to the instructor's availability.

- Parent/Child Swimming Lessons are for ages 6-36 months.
- Beginner Swimming Lessons are for ages 3-5 years.
- Intermediate Swimming Lessons are for ages 6-12 years.
- Stroke Mechanics Swimming Lessons are for ages 10+ years.
- Adult Swimming Lessons are for ages 17+ years.

PRICE: Weekday Lessons– Members: \$35/session, Program Participants: \$65/session.
Adult Lessons– Members: \$50/session, Program Participants: \$90/session.
Private Lessons– Members: \$180, Program Participants: \$300

LOCATION: DOW WESTSIDE YMCA
3688 Sugar Plantation Parkway
Addis, La 70710
(225)687-1123
ymcabr.org

REGISTRATION FORM

2016 Summer Swimming Lessons

*Participant must be a member to get member price.

Participant's Name: _____ Age: _____ Gender: _____

Address: _____ City: _____ State: _____ Zip Code: _____

DOB: _____ Home Phone: _____ Cell Phone: _____

Email: _____ Previous Lessons: ___ Yes ___ No

Parent's Name: _____ Phone Number: _____

Parent's Name: _____ Phone Number: _____

Emergency Contact: _____ Phone Number: _____

Choose a Session: Weekday Lessons

___ Session 1: May 23-26 (Monday-Thursday)

___ Session 2: May 31-June 3 (Tuesday-Friday)

___ Session 3: June 6-9 (Monday-Thursday)

___ Session 4: June 13-16 (Monday-Thursday)

___ Session 5: June 20-23 (Monday-Thursday)

___ Session 6: June 27-30 (Monday-Thursday)

___ Session 7: July 5-8 (Tuesday-Friday)

___ Session 8: July 11-14 (Monday-Thursday)

___ Session 9: July 18-21 (Monday-Thursday)

___ Session 10: July 25-28 (Monday-Thursday)

___ Session 11: August 1-4 (Monday-Thursday)

Choose Class and Time:

Parent/Child
(Ages 6-36 months)

___ 10:30am

___ 7:00pm

Beginner
(Ages 3-5 years)

___ 9:00am

___ 5:30pm

Intermediate
(Ages 6-12 years)

___ 9:45am

___ 6:15pm

Stroke Mechanics
(Ages 10+ years)

___ 5:30pm

Choose a Session: Adult Lessons

(All lessons will be held on Fridays at 5:30pm, Saturdays at 9:30am & Sundays at 3:00pm)

___ Session 1: June 3-5

___ Session 2: June 17-19

___ Session 3: June 24-26

___ Session 4: July 8-10

___ Session 5: July 22-24

___ Session 6: August 5-7

Private Lessons: 8-30 Min. Lessons Requested Instructor: _____

Preferred Days: _____

Preferred Times: _____

The YMCA does not provide accidental/medical insurance for program participants. I grant the YMCA of its agent's permission to transport my child in the event of an emergency and I am unable to be contacted. I recognize that participation in YMCA activities may expose my child to some risk to injury. I agree to hold the YMCA harmless from any claims for damage to property or injury, which may occur through participation in any activity at the YMCA or in its programs. The YMCA reserves the right to use photographs taken of program participants and their family for marketing and publicity. Classes cancelled by the instructor or facility will be made up at the instructor's discretion. All classes cancelled or missed by the participant will not be made up. I have read and understand the above information and give permission to participate in YMCA programs.

Participant/Guardian Signature: _____

Date: _____