



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# READY! SET! SWIM!



## Group Swimming Lessons C.B PENNINGTON, JR. YMCA

Make a splash with swimming lessons at the Y! Swimming lessons offer children, teens, and adults in our community the opportunity to gain confidence in the water, learn water safety, and grow through character development. Swimming lessons are taught by trained YMCA swim lesson instructors.

**WHEN:** 8 sessions: Monday / Wednesday: March 4th - March 27th  
April 8th - May 1st  
Tuesday / Thursday: March 5th - March 28th  
April 9th - May 2nd

4 sessions: Saturdays: March 9th - 30th  
April 6th - 27th

**TIME:** 8 lessons – 5:00pm, 5:45pm, 6:30pm  
4 lessons – 9:30am, 10:15am, 11:00am

**LOCATION:** C.B. PENNINGTON, JR. YMCA  
15550 Old Hammond Hwy.  
Baton Rouge, LA 70816  
225-272-9622 or [skelley@ymcabr.org](mailto:skelley@ymcabr.org)



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### Spring Group Swimming Lessons at the C.B. Pennington, Jr. YMCA

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|--|---|
| YMCA Member - \$40 for 4 lesson session<br>\$80 for 8 lesson session | Program Participant - \$70 for 4 lesson session<br>\$140 for 8 lesson session |
|--|---|

- The lessons consist of 8 (eight) or 4 (four), 30 (thirty) minute lessons for each session (if warranted, inclement weather make-ups will take place on Fridays).
- Registration ends at 7:00pm the Thursday before the start of a session.
- In case of low enrollment (2 or less), classes may be combined or canceled.

Participant's Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Parents Name: \_\_\_\_\_ Parent's Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Emergency Contact Phone: \_\_\_\_\_

|   |  |
|---|--|
| <b>Choose a Session: 8 lessons</b><br>Session I Mon/Weds: March 4 <sup>th</sup> – March 27 <sup>th</sup><br>Session I Tues/Thurs: March 5 <sup>th</sup> – March 28 <sup>th</sup><br>Session II Mon/Weds: April 8 <sup>th</sup> – May 1 <sup>st</sup><br>Session II Tues/Thurs: April 9 <sup>th</sup> – May 2 <sup>nd</sup>  | <b>Choose a Day and Time</b><br>Mon/Wed, Tues/Thurs (8 lesson session)<br>5:00pm<br>5:45pm<br>6:30pm<br>Sat (4 lesson session)<br>9:30am<br>10:15am<br>11:00am |
| <b>Choose a Session: 4 lessons</b><br>Session I Saturday: March 9 <sup>th</sup> – March 30 <sup>th</sup><br>Session II Saturday: April 6 <sup>th</sup> – April 27 <sup>th</sup>   |  |
| <b>Choose your age group: Participant will be swim tested the first day of class to determine the skill level</b><br>Swim Starters (6 months – 3 years)<br>Water Acclimation (3 – 12 years old)<br>Water Movement (3 – 12 years old)<br>Water Stamina (3 – 12 years old)<br>Stroke Introduction (5 – 12 years old)<br>Stroke Development (5 – 12 years old)<br>Stroke Mechanics (5 – 12 years old)<br>Adult (13 years old & up) |  |
| <b>Please answer the following questions:</b>   |  |
| Will your child go underwater?  | Yes No   |
| Can your child float on his or her front and back?  | Yes No   |
| Can your child swim above water on his or her own?  | Yes No   |

**Please complete a separate registration form per child per session. NO MAIL IN REGISTRATIONS WILL BE ACCEPTED!** Refunds are available minus a \$10 processing fee. A written request is required for all refunds. There is a \$25 charge on all returned checks. The YMCA does not provide accidental/ medical insurance for program participants. I grant the YMCA or its agent's permission to transport my child in the event of an emergency and I am unable to be contacted. I recognize that participation in YMCA activities may expose my child to some risk of injury. I agree to hold the YMCA harmless from any claims for damage to property or injury, which may occur through participation in any activity at the YMCA or in its programs. The YMCA reserves the right to use photographs taken of program participants and their family for marketing and publicity. I have read and understand the above information. My child has permission to participate in this YMCA program.

Signature of Parent/Participant

Date